

Insider Resistance Toolkit

Covert Defiance, Ethical Subversion, and Tactical Solidarity from Within the Machine





Insider Resistance Toolkit

Covert Defiance, Ethical Subversion, and Tactical Solidarity from Within the Machine

Version 1.2 – April 2025

You swore to serve the public, but the system shifted.
Now it punishes the people you came to protect.

This guide is for insiders: the ones buried in institutions, law enforcement, the military, EMS, education, and bureaucracy. You want to help. You want to stop the harm. But you also want to stay alive, stay employed, and stay ready.

This is not a call for martyrdom. It's a manual for quiet sabotage.

From filing delays to data misdirection, insider resistance is about precision. It's about using your proximity to power to protect others, without setting off alarms. You don't need to blow the whistle loud to blow open the machine. A single jammed cog can stop the engine.

Inside you'll find:

- Field-specific tactics for law enforcement, military, educators, and medical staff
- Stealth techniques for slowing, shielding, and misdirecting fascist systems
- How to use bureaucracy against itself without triggering retaliation
- Tips on safely gathering documentation for future leaks or tribunals
- Historic examples of subversion from within hostile states
- Whistleblower prep for those who must eventually speak

You don't have to make noise to make damage.

You are the leak in the pipeline. The resistance behind enemy lines.

DISCLAIMER

This document is intended solely for educational and analytical purposes. It is not a call to action, nor does it condone, promote, or instruct on the use of sabotage, violence, or illegal activity. All information contained herein is derived from publicly available sources and intended for use in defense-only planning, civil contingency analysis, community resilience mapping, and academic discourse. The authors are not responsible for how readers use or interpret this document. Engage responsibly and lawfully.



CORE PRINCIPLES OF INSIDE RESISTANCE

- **Act with precision, not emotion.** Document everything. Choose your battles.
- **Protect others first, then subvert systems.** Use your power to shield the vulnerable.
- **Stay invisible.** Resistance is not performance. It's disruptive.
- **You don't need to burn it down, you can slow it to a crawl.**

GENERAL STRATEGIES

1. **Slow the Machine** – Use bureaucracy as a brake, not a weapon.
2. **Divert Resources** – Channel effort away from repression toward support.
3. **Leak, Whistle, or Warn** – Selectively alert media or communities.
4. **Misinform the Abusers** – Feed false data to fascists, disrupt ops.
5. **Sabotage Discreetly** – Break what must be broken. Hide in the noise.
6. **Create Cover** – Use your authority to protect targeted people.
7. **Document Internally** – Create the records that become future indictments.

LAW ENFORCEMENT: TACTICS & EXAMPLES

- **Turn Off Body Cams at Key Moments**
 - *To protect protesters or civilians, not cops.*
- **Lose or Mislabel Paperwork**
 - Delays prosecution of political arrests, ICE detentions, or eviction enforcement.
- **De-Prioritize Calls for Nonviolent Offenses**
 - E.g. stop responding to anti-homeless complaints or gender-policing calls.
- **Quietly Tip Off Community Organizers**
 - About sweeps, raids, protest zones, curfews, unmarked vans.
- **Disable Equipment 'On Accident'**
 - Jam riot shields, miscalibrate drones, "forget" radio frequencies.
- **Misroute Evidence or Witness Statements**
 - Buy time, bury charges, protect political defendants.

Historical Example:

- In Ferguson, several officers leaked movements of National Guard units to protesters. They were never identified.



MILITARY & NATIONAL GUARD: TACTICS & EXAMPLES

- **“Lose” Equipment**
 - Food, medical gear, comms, redirected to mutual aid or frontline groups.
- **Sabotage Orders Softly**
 - Delay execution. Claim vehicle faults. Mishear radio.
- **Provide Intel to Civilian Groups**
 - Base deployments, readiness levels, key unit movements.
- **Refuse Domestic Deployment Quietly**
 - File conscientious objections when appropriate; cite local obligations.
- **Dismantle Morale from Inside**
 - Educate fellow soldiers about fascism, inequality, and civilian harm.

Historical Example:

- During the Vietnam War, hundreds of “fragging” incidents and acts of refusal internally dismantled U.S. morale.

ADMINISTRATIVE WORKERS & BUREAUCRATS

- **Bury Requests in Red Tape**
 - Delay ICE, law enforcement, or surveillance requisitions.
- **Divert Funds Quietly**
 - Move budget lines to harmless or unused codes.
- **Create Dead-Ends in Databases**
 - Misdirect searches for activists, whistleblowers, or vulnerable citizens.
- **Print and Store Internal Documents Off-Site**
 - For future leak archives, truth commissions, or defense lawyers.
- **Manipulate Policy Language Subtly**
 - Water down rules, overcomplicate enforcement language.

Historical Example:

- French Resistance embedded in Vichy offices rewrote deportation orders to delay Jewish roundups.



EMS, HEALTH WORKERS, PUBLIC CLINICIANS

- **Refuse to Share Patient Data with ICE, Police, or Surveillance Orgs**
 - Cite confidentiality or religious exemption.
- **Misreport Medical Conditions of Arrestees**
 - Force their hospital transfer, delaying booking and giving legal teams time.
- **Stockpile or Misallocate Meds to Mutual Aid Clinics**
 - Protect gender-affirming care, abortion meds, PrEP, insulin.
- **Use HIPAA as a Shield**
 - Refuse to provide info, even under pressure. Document who asks.

TEACHERS, EDUCATORS, & SCHOOL WORKERS

- **Distribute Banned Books or Curriculum Underground**
 - Zines, PDFs, community teach-ins.
- **Fail to Report Students for Immigration or Gender Issues**
 - “Lose” forms. “Forget” procedures. Shield queer and undocumented kids.
- **Use Class Time for Mutual Aid or Organizing Education**
 - Teach about COINTELPRO, abolition, labor, decolonization.

Historical Example:

- In Pinochet’s Chile, teachers created underground “freedom classrooms” to teach resistance history.

COVER AND PROTECTION STRATEGIES

- Never speak of what you do, share no patterns
- Vary your sabotage methods to avoid forensic trace
- Don’t make social media posts implying radical action
- Use signal-based or verbal-only internal networks
- Have burner devices *completely separate* from work electronics



WHEN TO GO PUBLIC: WHISTLEBLOWING & EXITS

- Have legal counsel before whistleblowing
- Work with trusted journalist collectives or leak networks (e.g. Unicorn Riot, Intercept, Bellingcat)
- Prepare evidence trails: screen recordings, documents, chat logs
- Make multiple secure copies across jurisdictions

Whistleblowers to Know:

- Chelsea Manning (military leaks)
- Reality Winner (NSA leak)
- Frances Haugen (Facebook disinfo)

CONCLUSION

Inside resistance is sacred. You are the wire cutters behind the wall. You are the leak in the empire's pipeline. Your silence, slowness, refusal, misdirection, all of it is rebellion.

You are not just surviving the machine.

You're rusting it from the inside out.

Insider resistance is sacred.

- Every delay you cause
- Every person you shield
- Every report you bury
- Every false lead you plant

That's not failure to comply. That's **tactical integrity**.

We see you. We build with you. We protect you.

You're not alone.

Legal Disclaimer

This document is intended solely for educational and analytical purposes. It does not condone, promote, or instruct on the use of sabotage, violence, or illegal activity. All content is derived from public information and intended for civil contingency analysis, academic use, and strategic harm-reduction. Use responsibly and lawfully.

Copyright Notice

© 2025 Trans Army

Licensed under [CC BY-NC-SA 4.0](https://creativecommons.org/licenses/by-nc-sa/4.0/)

Attribution required. No government, carceral, or commercial use permitted.

Remix, redistribute, and weaponize ethically, always in defense of the people.